

Safe House is a 30-day emergency shelter for homeless youth ages 16-20. The shelter has six beds available and is open from 8 p.m. to 9 a.m. Safe House provides youth with a friendly, safe environment where youth living on the streets can begin the road to healthy, productive lives. Upon entering Safe House, youth are given access to basic needs such as meals and showers and are settled in their living space. After that, youth advocates work with the youth to develop trust, case plans and provide advocacy and independent living skills education.

Meals should be able to feed around 8 people. Meals containing a main dish and a side dish are appreciated. 1% or 2% milk, juice and dessert are also appreciated. Please keep in mind that our youth do not seem to like hot-dish like meals.

Meals should be completely prepared when dropped off with only heating necessary. Meals that are easily heated up in individual servings (verses the entire container) are appreciated.

Meals should be dropped off around **7:30pm**. Please drop the meal off on the back porch; please feel free to knock loudly to see if staff is available, otherwise please leave the meal on the porch if you do not want to knock or staff do not come to the door. Please remember that staff can get busy fielding the many phone calls we get for shelter.

Please fill out the Monday/Tuesday Meal Donation Tracking form located to the right of the back door every time you drop off a meal. It really helps us track volunteer hours and numbers!

Main Dish Suggestions

Cheeseburgers	Sub style sandwiches	Ham
Chilidogs with fixings	Spaghetti or Pasta dishes	Roast beef
Hot dogs/Bratwursts	Lasagna	Pork chops
Pizza	Chicken breasts	Stews or Soups
Tacos or Burritos Enchiladas or	Fried chicken	Stir Fry
Tostadas	Chicken wings	Sloppy Joes

Side Dish Suggestions

Mashed potatoes	Salad	Sweet potatoes
Baked potatoes with fixings	Rice dishes	Cooked greens
Macaroni and cheese	Wild rice	Potato salad
Fresh vegetables	Garlic Bread	Dinner rolls/Buns
Fresh Fruit	Cooked vegetables	

Thank you so much for your meal donation!