

The Messenger

Zoom Coffee Hour!

We'll have our first Zoom Coffee Hour on **Sunday, July 5, from 10:00 - 11:00 a.m.** It'll be a time for folks to check in... and our intention is to give everyone present a chance to do so! An email will be sent a few days before the 5th so you'll have access to the link. We'll do it again in a few weeks, so this won't be the only chance to "see" folks!



Summer Book Study: July 12 & 19 from 10:30-11:30



We'll meet via Zoom to discuss the book "How To Do Nothing" by Jenny Odell and how we might begin to live it out. On July 12th we'll discuss chapters 1-3. On July 19th we'll discuss 4 to the end of the book. **You must RSVP to Shannon in order to get the Zoom link.** There is an option to join by phone so if you want to call in and participate you are welcome to do so! Here's a Guardian interview with the author! <https://www.theguardian.com/lifeandstyle/2019/apr/02/jenny-odell-how-to-do-nothing-attention>

In a time when some of us are being forced to examine our schedules and our time and what it means to be in community with others, Odell's book invites us to consider not checking out, but checking in. How do we slow down? How do we deeply engage in the most pressing issues of our time? How do we regulate our intake of information and regulate our anxiety? Read this lovely book and then discuss it with other St. Peder's folks!

Sunday Services

Missed a service? Want to watch it again? You can find all of the services linked on the St. Peder's website or on our YouTube channel! (<https://www.youtube.com/channel/UCP5r4ROb8KPP2H05qqU9AqQ>)

Looking for Volunteers for Annual Hearts and Hammers (formerly know as "Paint-A-Thon") Event

St. Peder's will be participating in Hearts and Hammers this year... we are still looking at the first Saturday in August (8/1). If you would like to volunteer for this event, send an email to the office or leave a message for Jeannie (office@stepeders.org or 612-722-8000). Hearts and Hammers are asking folks to NOT volunteer if you have: fever greater than 99.5, covid-19 symptoms in the last 14 days, been around anyone with covid-19 in the last 14 days, traveled to any country, been on a cruise or at the airport in the last 14 days, been to an event where more than 50 people were in attendance the last 14 days, do not consider volunteering if you live with or have contact with folks in higher risk categories for the virus. Many safety precautions will be in place the day of the event as well.

Racial Justice Matters! Try Curbside Pickup at St. Peder's!

The triple whammy of the pandemic, the death of George Floyd and the aftermath of the killing in our own neighborhood and around the world have focused our attention on systemic racism and disparities in our health system, the criminal justice system and throughout society. Summer vacation while sheltering at home provides some great opportunities for reading and reflection, and the St. Peder's library has some excellent books that can help illuminate these challenging subjects. A list is included in this issue of the Messenger, but the entire catalog is accessible online at <http://www.librarything.com/catalog/StPeders&tag=Race%252Fracism>

During the summer, the St. Peder's office will be open on Tuesdays from 9am to 1pm. Jeannie Farrell has kindly agreed to offer curbside pickup (and return) of any books in the library. Just leave a phone message or email with your request and the date you would like to pick up. Call the office when you arrive or buzz in at the door. If office hours don't work for you, other pickup options can be accommodated. Leave a message or send an email, and you will be called back to make alternate arrangements. Or, if you wish to browse, all racial justice books are set out on the library table.

This month, St. Peder's Racial Justice team will select one of these books for a congregational book study for August with Zoom discussion. Look for an announcement soon! - Jeanne Schleh, St. Peder's Librarian

Non-fiction:

[So You Want to Talk About Race](#)

[White Fragility](#)

[How to Be Anti-Racist](#)

[Raising White Kids: Bringing Up Children in a Racially Unjust America](#)

[Just Mercy: A Story of Justice and Redemption](#)

[Locking Up Our Own: Crime and Punishment in Black America](#)

[The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#)

[A Good Time for the Truth: Race in Minnesota](#)

[Between the World and Me \(survival advice from a Black father to his teenage son\)](#)

[Pre-Post-Racial America: Spiritual Stories from the Front Lines](#)

[We Gon' Be Alright: Notes on Race and Resegregation](#)

[Same Family, Different Colors: Confronting Colorism in America's Diverse Families](#)

[Ferguson and Faith: Sparking Leadership and Awakening Community](#)

[Trace: Memory, History, Race, and the American Landscape](#)

[Waking Up White, and Finding Myself in the Story of Race](#)

[Slavery by Another Name: The Re-Enslavement of Black Americans from the Civil War to World War II](#)

[I Know Why the Caged Bird Sings \(Maya Angelou\)](#)

[Wouldn't Take Nothing for My Journey Now \(Maya Angelou\)](#)

[The Heart of a Woman \(Maya Angelou\)](#)

[I Never Had It Made \(autobiography of Jackie Robinson\)](#)

[Hidden Figures \(DVD\)](#)

Or, for an historical look at racism, revisit a classic:

[The Adventures of Tom Sawyer](#)

And, not American but very eye-opening about systemic racism:

[Long Walk to Freedom: The Autobiography of Nelson Mandela](#)

Fiction:

[The Known World \(one of Sharon Kelly's favorites\)](#)

[The Resurrection of Nat Turner, Part 1: The Witnesses](#)

[The Secret Life of Bees](#)

[The Angels of Morgan Hill \(Women of Faith Fiction\)](#)

[Roots by Alex Haley](#)

For the kids (most of the following are award winners):

Teen/Preteen:

[March, Books 1-3 \(the story of the John Lewis and the Civil Rights movement of the '60s in graphic novel format—highly recommended for teens and adults!\)](#)

[Dear Martin](#)

[Stamped: Racism, Antiracism and You by Jason Reynolds and Ibram X Kendi](#)

[Woke! A Young Poet's call to justice by Mahogany Brown](#)

[Role of Thunder, Hear My Cry](#)

[One Crazy Summer \(about the Civil Rights movement in the 60s\)](#)

[Twelve Tribes of Hattie](#)

[Witness \(about the KKK\)](#)

[Last Summer with Maizon](#)

Younger children:

[Brown Girl Dreaming](#)

[Henry's Freedom Box: A True Story of the Underground Railroad](#)

[Heart and Soul: The Story of America and African Americans \(for young children\)](#)

[Let's Talk About Race](#)

[Oh Lord, I Wish I Was a Buzzard Now](#)

[Crossing Jordan](#)

[Wanted Dead or Alive: The True Story of Harriet Tubman](#)

To read more about any of these books, click on the hyperlink or simply Google the title!

A Message from Karen Vetsch and More Information About St. Peder's Racial Justice Team

Where to begin what to say. I feel overloaded with sadness, hurt, hope, confusion and ignorance. I am a privileged white woman. I want to open my eyes, heart and my resources starting with my community and reaching all the way out to the world. I struggle, I deny, I learn. I'm starting to share my thoughts and discoveries which helps me identify my privileges. I am a humbled human being striving to make a difference for ALL human beings. This is the reason I was interested in joining the Racial Justice team here at St. Peders. -Karen Vetsch

The Racial Justice team is gathering interest on how members would like to grow conversations on injustice, white privilege and to take actions to uplift the oppressed and marginalized. Our email address is racialjustice@stpeders.org or contact Karen Vetsch call/text 612-721-7385.

LSS Update and Volunteer Schedule for July and August

At this time, **Safe House would prefer groceries** (please no hard boiled eggs...they have been getting a lot of these, and the teens just don't eat them). **If you have a simple recipe, and then shop for the ingredients, the teens are able to make the meals themselves!**

They are still willing to take pre-made meals if that is what is donated. Here is a list of needs

Food: Frozen juice, Cereal, Fruit, Veggies, Snacks, food that your teen would want to eat

Cleaning Products: Hygiene and household laundry soap, hand soap, hand sanitizer, bleach based products

Teens have also requested: journals/notebooks, nice pens, nail polish and other self-care/spa materials, T-shirt undershirts (all sizes), underwear (panties, small & boxers x-large), pajama pants and lounge shorts (all sizes and genders), flip flops, game console, spare laptop, books, magazines, art supplies.

LSS Volunteer Schedule for July and August

July 6 Terri Vetsch and Dan & Karen Vetsch

July 13 Sue and Al Nielsen

July 20 Liz and Forrest Bentley

July 27 Hung and Shelly Brown Ton, Sue Schnickel

August 3 Dale and Jackie West

August 10 Jim and Heidi Nelsen

August 17 Allison and Michael O'Day, Jill and Kerry Audette

August 24 Judy and Michael Hogan, Bev Jensen

August 31 Anne and Nick Legeros, Peter and Sheryl Juhl

Updated Voting Information!

The **polling location formerly at St Peder's has moved** for the 2020 elections. To allow space for improved voter and poll worker distancing, the polling place has been relocated to: **Hiawatha School (Gym)**, 4201 42nd Ave S, Minneapolis, MN 55401 This move affects both the State Primary on August 11 and the General Election on November 3.

To minimize direct contact with others, the Centers for Disease Control and Prevention (CDC) recommends voting by mail if possible. All Minnesota residents are eligible to vote early by mail. Should you wish to avoid going to your polling location on Election Day, you can apply now to receive a mail ballot for both August and November. It's an easy process online or by paper application. For the online application: <http://vote.minneapolismn.gov/voters/bymail>. For a paper application, call 311 to request a copy. We recommend you apply for a mail ballot no later than 10 days before Election Day. For your mail ballot to count, we must physically have it in hand on Election Day. Your mail ballot will not count if we get it after Election Day, even if it was postmarked on or before Election Day.

2020 DATES

VOTE EARLY

Vote by mail or in person
June 26 through Aug. 10

PRIMARY ELECTION

Tuesday, August 11
(if necessary)

VOTE EARLY

Vote by mail or in person
Sept. 18 through Nov. 2

ELECTION DAY

Tuesday, November 3

