

--Lutheran Social Service Emergency Safe House for Teens Provide a Supper List—

The LSS Safe House is located at 1696 Dayton Ave. in St. Paul (blue house with white trim). Supper is for 6-8 people (less than usual because of COVID restrictions).

Please drop the meal between 5:00 & 6:00 pm (although we are now open 24/7 so we can be oflexible around timing)

Please come to the **front door**, the screen door will be open, there is a table on the front porch where donations can be dropped in a socially distant manner, please ask volunteers to ring the doorbell so staff know it is out there.

If you have questions, please call or email Ev.Pugh@lssmn.org or Kelly.wolf@lssmn.org at 651-407-8801 or 651-644-3446

At this time Safe House is happy to receive prepared meals or groceries! The teens have been making some of the meals so if you had a simple recipe and bought the ingredients, that would be helpful!

Please switch or find an alternate if your assigned slot does not fit your schedule. Thank you!

Groceries :

Frozen juice

Cereal

Fruit

Veggies

Snacks

Food that your teenager would want to eat

Gift cards for local pizza places for pizza and movie nights

Since Safe House was being asked what other items they can use, they made a list. Bringing a meal is plenty, but if you were looking to add on a few things with your drop, here are needed items:

Cleaning Products: Hygiene and household laundry soap, hand soap, hand sanitizer, bleach based products

Teens have also requested: journals/notebooks, nice pens, nail polish and other self-care/spa materials, T-shirt undershirts (all sizes), underwear (panties, small & boxers x-large), pajama pants and lounge shorts (all sizes and genders), flip flops, game counsel, spare laptop, books, magazines, art supplies.



What is Safehouse?

Safe House is a 30-day emergency shelter for homeless youth ages 16-20. The shelter has six beds available and is open from 8 p.m. to 9 a.m. Safe House provides youth with a friendly, safe environment where youth living on the streets can begin the road to healthy, productive lives. Upon entering Safe House, youth are given access to basic needs such as meals and showers and are settled in their living space. After that, youth advocates work with the youth to develop trust, case plans and provide advocacy and independent living skills education.

How can I participate?

St. Peder's has partnered with Lutheran Social Service for a number of years to serve meals to homeless youth. We trade off preparing and delivering meals on Monday nights throughout the year to the Safe House in St. Paul. It is easy to get to from church—its just across the river! Please read over this information and consider joining in on this ministry. It ends up that each group, 2-4 people, are on about twice a year.

If interested, contact member, Sue Nielsen, she can answer your questions and put you on the schedule.

Sue Nielsen

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